

# Community Institute for Psychotherapy

1330 Lincoln Ave #201, San Rafael, CA 94901-2141  
Phone (415) 459-5999 Fax (415) 459-5602 www.cipmarin.org



## 2017-2018 Professional Development Series

### LOCATION:

Embassy Suites by Hilton  
101 McInnis Parkway  
San Rafael, CA 94903

### COST:

*CIP Members:*  
\$75 early registration 10 days prior to seminar; \$85 after

*Non-Members:*  
\$110 early registration up to 10 days prior to seminar, \$120 after

**CEs:** 6 CE's for LMFTs, LCSWs, and Psychologists.

*CIP is approved by the American Psychological Association to sponsor continuing education for psychologists. CIP maintains responsibility for this program and its content.*

**Cancellation Policy:** All cancellations must be received in writing 10 business days prior to the seminar or class. We will issue a refund minus a \$15 cancellation fee.

### TO REGISTER...

#### ONLINE:

Visit [www.cipmarin.org](http://www.cipmarin.org) and select *Professional Development* and choose *Seminars for Professionals*. Click on the course title and follow the steps through our secure shopping cart.

**PHONE:** Call (415) 459-5999 x101

#### MAIL:

Send check or money order to  
**Community Institute for Psychotherapy**  
1330 Lincoln Ave #201  
San Rafael, CA 94901

Please fill in the following and include a copy with your payment:

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### A SEMINAR FOR PROFESSIONALS

## The Enneagram: A Powerful Tool for Working with Transference and Counter-Transference

*Presented by Karen Van Zino, MD*  
*Saturday, November 4, 2017 | 9:00 am – 4:00 pm*

The awareness of different temperaments, personalities, or so called archetypes, and their impact on human behavior has long been a subject of deep interest for mental health care providers. This course presents the Enneagram as a unique, elegant, and simple system with which to gain deeper insights into the client's as well as the therapist's personality type patterns which are the basis for patterns of Transference and Counter-transference in the clinical setting. With a clear awareness of personality patterns likely to emerge, especially during times of extreme stress, the therapist can gain more expertise to creatively intervene with clients using strategies tailored to their individual needs while holding awareness of his or her own bias and recognizing its impact upon the client. Through the use of didactic presentations, demonstrations, and short exercises the following topics will be covered:

- skills for accurately assessing personality type
- tools to bring awareness of the therapist's own potential biases
- how to use the Enneagram as a framework to precisely interpret and transcend counter-transference
- how to use the Enneagram to predict specific type transference behaviors
- how the levels of psychological health for each of the nine personality types impact transference and counter-transference
- tools to effectively work with the challenging client

Therapists will learn invaluable tools to assist in understanding and predicting patterns of behavior as well as in structuring interventions to guide the process of positive change in their clients. They will also gain new insights into their own personality type and most especially how this affects the client relationship.



**Karen Van Zino, MD**, has always been passionate about teaching the integration of physical and psychological health. While a Stanford medical student she began teaching and continued throughout her twenty-five years of Primary Care Practice in the Bay Area. Currently she teaches Clinical Medicine in Stanford's Primary Care Program and is an Authorized Riso Hudson Enneagram Teacher working with individuals from around the world, helping them to gain insight into how Personality impacts both physical and mental health. Karen balances her work with hikes in the woods and cooking Italian dishes from her garden.