

Upcoming Events Late Summer & Autumn 2018

* In Castro Valley - August 15 a **free talk** @ Faith Lutheran Church
20080 Redwood Road, The Graydon Room 11am - 12:30p

The 'Other' Dementia - Microvascular Brain Disease

* In Castro Valley - October 9, 16, 23, 30 CV Adult School, 6:30-8pm
Dreams and the Hidden Power of Sleep

to register: www.cvadultregister.org or 510-886-1000

* In Pleasant Hill - October 17, 24, 31 and Nov. 7th Emeritus College
@ JFK University 1-3pm **Dreams and the Hidden Power of Sleep**

to register: www.dvc.edu/communityed or phone 925-969-4600